




Breathe

The image is a hand-drawn illustration. It features a background of a repeating diamond or lattice pattern created with dark green and teal lines. The pattern is set against a light green, textured background. In the center, there is a horizontal oval shape outlined in a thick, dark green line. Inside this oval, the word "Breathe" is written in a dark green, cursive script. Small, blue, semi-circular decorative elements with dots are placed at the intersections of the pattern lines around the central oval.

every
contraction
brings me
closer to
meeting
my
baby





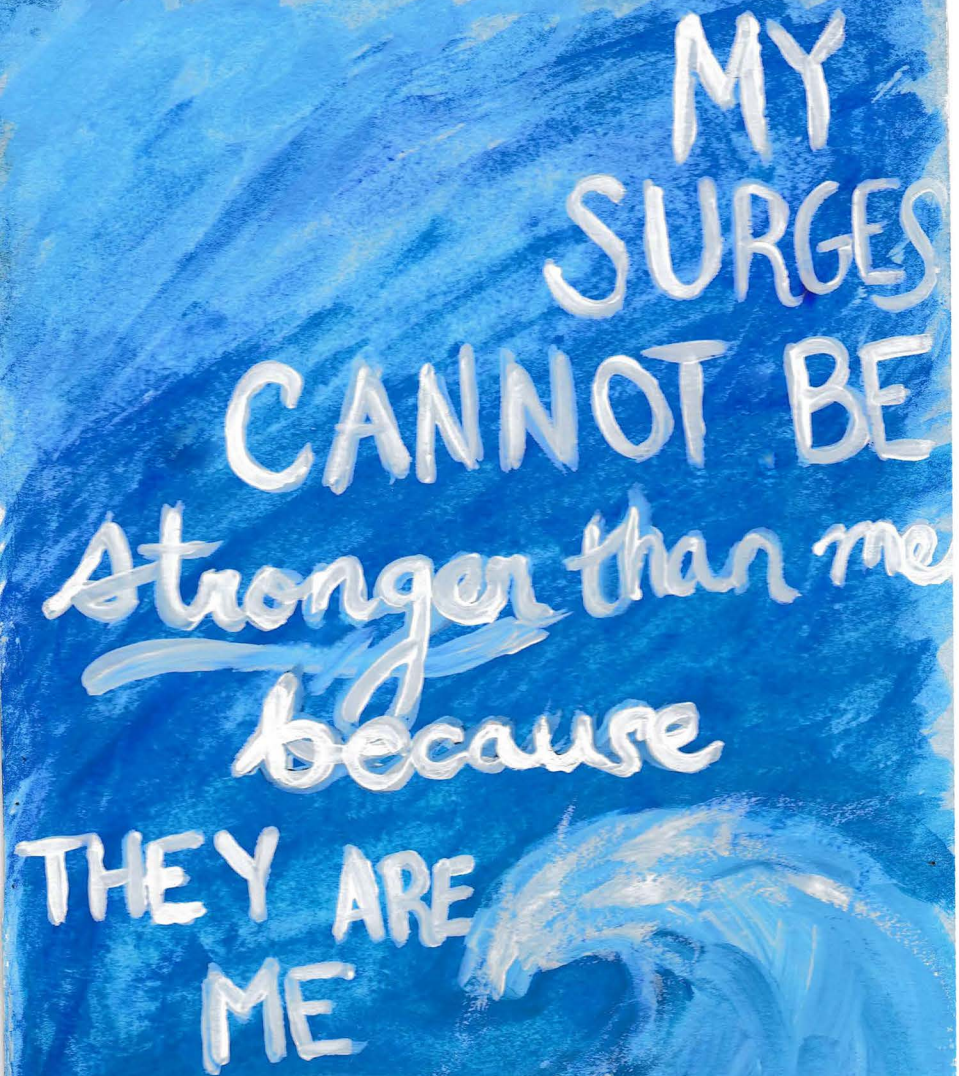
I can
do hard
things



My baby
will be
born at
the perfect
time

My body
knows
EXACTLY
what to





MY
SURGES
CANNOT BE
Stronger than me
because
THEY ARE
ME